

PSOC Trip Proposal

This document should be completed online using a PDF editor and submitted at least 2 weeks before departure date

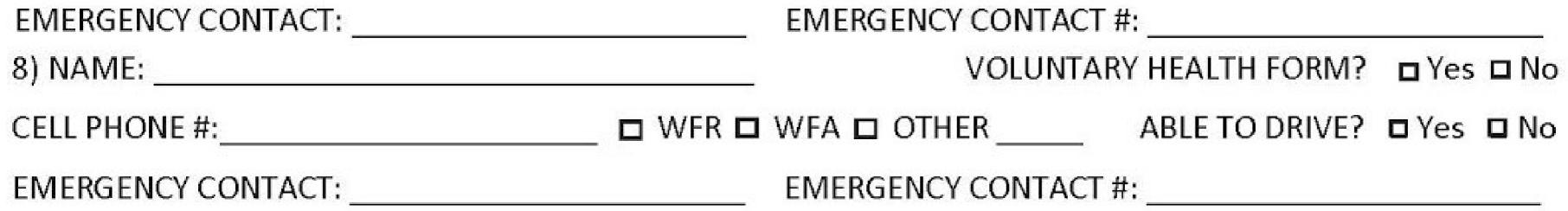
DATE(S) OF ACTIVITY:	1/29/2022	<u>TYPE</u>	OF ACTIVITY:
TRIP ACTIVITY(S):	7-mile Hiking loop		Recreational Trip
TRIP LOCATION:	Trough Creek State Park		 Day Trip
# OF PARTICIPANTS:			 Multi-day Trip
TRAVEL INFORMATION			Skill Clinic/Workshop
CAMPUS DEPARTURE T	IME: 8:00 A.M. DATE: 1/29/2022		
CAMPUS RETURN TIME	:5:00 P.MDATE:1/29/2022		
APPROXIMATE DRIVE T	IME: 1 hour 15 minutes # OF VEHICLES: 1		
PARTICIPANT INFO	RMATION (voluntary medical forms can be downloaded	l separ	ately):
1) NAME:	VOLUNTARY	HEAL	TH FORM? ⊄ Yes 🗖 No

<u>TYPE OF ACTIVITY:</u>				
	Recreational Trip			
	 Day Trip 			
	 Multi-day Trip 			
	Skill Clinic/Workshop			

CELL DUONE #

ATHER ADIE TO DDIVED $= V_{--} = N_{--}$

□ No
□ No
🗖 No
□ No
🗖 No
□ No
🗖 No
□ No
□ No
□ No
🗖 No
∎ No
🗖 No



9) NAME:		VOLUNTARY	HEALTH FORM?	🗖 Yes	🗖 No
CELL PHONE #: CELL PHONE #:	J WFR 🗖	WFA 🗖 OTHER	ABLE TO DRIVE?	🗖 Yes	🗖 No
EMERGENCY CONTACT:			: Y HEALTH FORM?		
CELL PHONE #: C	wfr 🗖	WFA 🗖 OTHER	ABLE TO DRIVE?	🗖 Yes	🗖 No
EMERGENCY CONTACT:			: Y HEALTH FORM?		
CELL PHONE #: C	WFR 🗖	WFA 🗖 OTHER	ABLE TO DRIVE?	D Yes	🗖 No
EMERGENCY CONTACT:		EMERGENCY CONTACT # VOLUNTAR			
CELL PHONE #: CELL PHONE #: CELL PHONE #:	WFR 🗖	WFA 🗖 OTHER	ABLE TO DRIVE?	🗖 Yes	□ No
EMERGENCY CONTACT:		EMERGENCY CONTACT #	•		<u></u> 12

PARTICIPANT RESPONSIBILITES:

*Each item should have one Persons name next to it. (Novices should be paired with an Experienced member to complete responsibilities.)

PARTICIPANT CONTACT:	Caitlin Daley	VEHICLE/TRAVEL LOGISTICS:	Amy Welshimer
CASH ADVANCE/FINANCES	Caitlin Daley	MENU/FOOD PREP:	N/A
TRIP PAPERWORK:	Michael Grosman	GEAR/EQUIPMENT:	Amy Welshimer
IMPORTANT DATES:			
PRE-TRIP MEETING	DATE: 1/23/2022	7:30 PM	
GEAR PULL/FOOD PREP	DATE: N/A	_ TIME:N/A	
POST-ACTIVITY DEBRIEF	DATE:	5:00 PM	

*Use the spaces below to schedule other times to meet as a group to plan & prepare.

PLANNING MEETING #2	DATE: 1/27/2022	TIME:	8:00 PM
PLANNING MEETING #3	DATE:1/28/2022	TIME:	8:00 PM

OUTCOMES:

Are there any unique goals and outcomes for this activity?

Have a great day at Trough Creek State Park.

What is your plan to gauge or determine the goals and expectations of participants?

Ask participants how well they feel going into the trip. If they feel uneasy about something, they are more than welcome to express their opinions.



EMERGENCY ACTION PLAN

TRIP LOCATION: Trough Co	eek State Park	TRIP DATE(S): 1/29/2022	
TRIP ACTIVITY(S): Hiking			
ON-CALL CONTACT PERSC	N: Michael Grosman	PHONE #: 936-465-4767	_
CALL-OUT TIME: 5:00 P.M.	Date:1/29/2022	*If no contact within 2 hours of call-out time emergency response will be initiated.	

ANTICIPATED WEATHER CONDITIONS/HAZARDS:

Chilly, but mostly sunny day in the low 20's with possible wind speeds of around 10mph.

DISCUSS NOTABLE ISSUES & PLAN FOR MANAGEMENT:

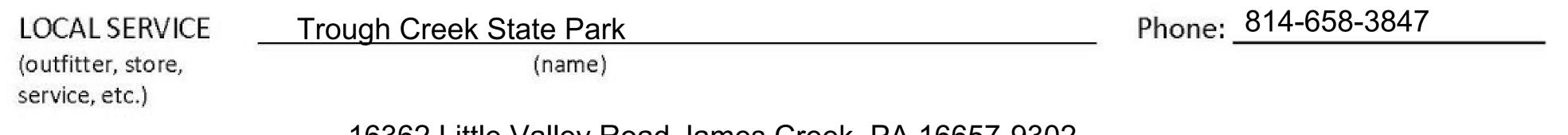
(use the matrix format we have demonstrated to describe: risk/hazard - management strategies - communication - likelihood - severity)

Additional drivers will be needed if more participants join. First aid kit and map will be made available for navigation and in case of on-site treatable emergencies.

Location Information

CAMPGROUND/	NOT APPLICABLE FOR DAY TRIPS	Phone:	
CAMPSITE:	(Name/Description)		
	(street address, city, state,	zip OR coordinates & location description)	
TRAILHEAD #1/	Ledges Trailhead	Phone:	814-658-3847
PUT-IN:	(Name/Description)		
	40.313973839929936, -78.13155403567735	Turn onto Trough Creek Road, trailhead will be o	on left in .2 miles, parking could be on right
	(street address, city, state,	zip OR coordinates & location description)	
TRAILHEAD #2/	Same as above	Phone:	814-658-3847
TAKE-OUT:	(Name/Description)		
	(street address, city, state,	zip OR coordinates & location description)	
Cell Reception: Y	✓ N□ Comments:		
Nearest Landline:	16362 Little Valley Road James Cro	eek, PA 16657-9302	

(street address, city, state, zip OR coordinates & location description)



16362 Little Valley Road James Creek, PA 16657-9302

(street address, city, state, zip)

USE THIS SPACE TO INSERT A COPY OF YOUR MAP WITH THE FOLLOWING ITEMS MARKED: CAMPSITES, WATER SOURCES, PARKING, TRAILHEAD #1 AND #2, EVACUATION POINTS

https://www.alltrails.com/explore/trail/us/pennsylvania/trough-creek-5-sites?mobileMap=false&ref=s	sidebar-static-map	(AllTrails)
http://elibrary.dcnr.pa.gov/GetDocument?docId=1737209&DocName=TRCR_ParkMap.pdf	(Park Map)	

VEHICLE LIST:

(should include make, model, color, and license plate number)

Amy's Car



Emergency Response & Evacuation Plan

When an emergency (unplanned event that results in a serious medical injury occurs staff will assume the following roles:

SAFETY PERSON #1: Cailtin Daley

(Should take lead in Medical situations)

SAFETY PERSON #2: Leah Davis

(Acts as partner to Safety Person #1)

SAFETY PERSON #3:

(Only needed in special cases, but nice to have)

USE THIS BOX TO LIST SOME DANGERS OF THE AREA AND HOW TO DEAL WITH THEM:

Cold weather- Tell participants to bring warm, non-cotton layers on the hike including gloves. Have participants wear boots for snowy conditions Tripping/Ankle Injuries- Tell participants to watch where they are hiking and tie the laces of their boots tightly as to avoid injury.

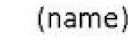
Emergency Contacts & Services Information

LAW ENFORCEMENT:	Pennsylvania State Police	Phone: 570-946-4094
	(barracks/municipality/region)	
	5837 US-220 Laporte, PA 18626	
	(street address, city, state, zip)	
RANGER STATION:	Trough Creek Park Office	Phone: <u>814-658-3847</u>
	(park/region) 16362 Little Valley Road James Creek, PA 16657-9302	
	(street address, city, state, zip)	
PRIMARY HOSPITAL:	J.C. Blair Memorial Hospital	Phone: 814-643-2290
	(name)	
	1225 Warm Springs Avenue Huntingdon, PA 16652	
	(street address, city, state, zip)	



Convenient Care Center





7651 Lake Raystown Shopping Center, Huntingdon, PA 16652

(street address, city, state, zip)

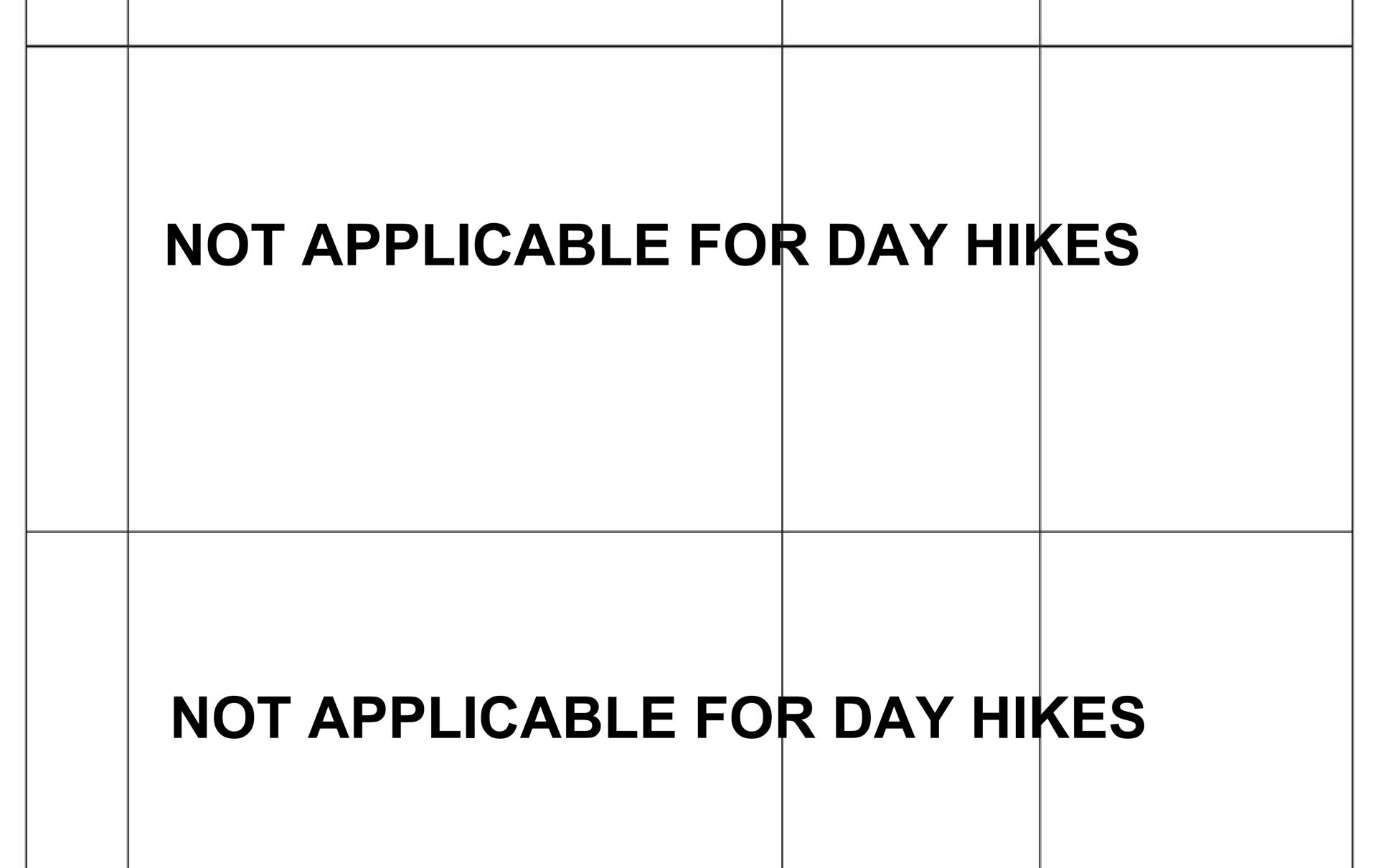


DETAILED ITINERARY

TRIP LOCATION: Trough Creek State Park

TRIP DATE(S): <u>1/29/2022</u>

DATE	ITINERARY (Time, Activity, Location)	OVERNIGHT LOCATION	LESSONS/NOTES
1/29	Leave parking lot at 8:00 Reach trail head at 9:30 Arrive back at cars and leave trailhead at 2:30 Return to State College by 4:00	NOT APPLICABLE FOR DAY TRIPS	



BACKUP/ALTERNATE PLAN OPTIONS

Check out Seven Points Marina nearby on Raystown Lake

ADDITIONAL NOTES: (How much water is everyone carrying? Will you have to shuttle anywhere? Are there permits required? Can you have fires?

Participants will carry their own lunches/snacks as well as at least 2 liters of water. No permits required. The trail is a loop, so no shuttling will be required

GEAR/EQUIPMENT (indicate which will be borrowed from PSOC or rented from OA):



POST TRIP REPORT

WHAT WENT WELL AS A GROUP/ WHAT DIDN'T?